



News Release

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David Lawrence Center Introduces New Crossroads Family Program

Naples, FL – The David Lawrence Center, Collier County’s only comprehensive, not-for-profit mental health and substance abuse treatment facility serving children, adults and families, is pleased to announce the introduction of the Crossroads Family Program.

The Family Program is a free service designed to assist family members whose loved ones are enrolled in the Crossroads adult residential substance abuse treatment. Any family member age 14 or older is welcome to participate even after the loved one has been discharged.

The program covers topics such as orientation to treatment, the disease model of addiction, characteristics of healthy family functioning and resources for recovery. Family members will be able to ask questions of the Crossroads staff to learn more about the stages of treatment and other treatment-related questions. They will also learn how to communicate with and relate to each other and how to cope with the stress of caring for someone with an addiction.

The goal of the Family Program is to promote the wellbeing of the family members whose lives are impacted by addiction, to provide a better understanding of their loved one's disease, promote healing and learn how to manage their own health and happiness.

Additional support services offered to participants of the Crossroads Family Program include onsite Al-Anon meetings and individual family therapy sessions with their loved one during treatment when appropriate.

Crossroads Clinical Supervisor Nancy Dauphinais adds, “The Crossroads Family Program provides support and education for the entire family as well as establishes a strong foundation to assist the client once he or she leaves residential treatment.”

This is one of several program enhancements made to the Crossroads treatment services in the last year with the goal of creating the best opportunities to attain life-changing wellness. Additional treatment services implemented include onsite yoga, equine-facilitated psychotherapy, tobacco cessation groups, art therapy, music therapy and enhanced aftercare services.

David Lawrence Center is the Southwest Florida-based, not-for-profit leading provider of behavioral health solutions dedicated to inspiring and creating life-changing wellness for every individual. The Center provides innovative, comprehensive inpatient, outpatient, residential and community based prevention and treatment services for the one in four local children and adults who experience mental health, emotional, psychological and substance abuse challenges. David Lawrence Center has eight locations in Collier County and touches the lives of more than 30,000 people each year. For more information about David Lawrence Center call 239-455-8500 or visit www.DavidLawrenceCenter.org.

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