



News Release

CONTACT: Trista G. Meister
239-354-1468

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DAVID LAWRENCE CENTER ADDS TWO CHILD & ADOLESCENT STAFF PSYCHIATRISTS; EXPANDS CAPACITY TO SERVE CHILDREN IN NEED

The David Lawrence Center is pleased to announce the addition of two new child and adolescent staff psychiatrists, M. Zenilde De Lima, M.D. and Sheryl B. Spielman, M.D. Both will work in the newly expanded Children's Outpatient Services program. Their addition to the Medical Team will help the Center meet the growing and unmet demand for specially trained, children's psychiatric medical services and will complement the Center's children's services continuum which includes assessments, urgent care, crisis intervention, individual, family and group therapy, case management, therapeutic behavioral onsite services, juvenile drug court, juvenile substance abuse intervention, prevention education and parenting classes.

Dr. M. Zenilde De Lima will serve as a fulltime Child and Adolescent Staff Psychiatrist in the Children's Outpatient Medical Services Department.

Dr. De Lima, a native of Brazil, earned her medical degree from the University of Sao Paulo and her residency in pediatrics from Santa Casa Faculty of Medicine, both in Brazil. While there, she was a Pediatrician in private practice for nearly 10 years.

After relocating to the United States, she completed her residency in general psychiatry and her fellowship in child and adolescent psychiatry at the University of Louisville Medical School in Kentucky. Prior to joining the David Lawrence Center, she served as a Psychiatrist for Lee Mental Health Association and the North Suffolk Mental Health Association. Dr. De Lima is a board certified child, adolescent and adult psychiatrist.

Dr. De Lima is fluent in English, Spanish and Portuguese.

Dr. Sheryl B. Spielman will serve as a part time, Child and Adolescent Staff Psychiatrist in the Children's Outpatient Medical Services Department.

Dr. Spielman earned her medical degree from Thomas Jefferson Medical College. She completed her residency in adult psychiatry and her fellowship in child and adolescent psychiatry at The Institute of Living in Hartford, CT. She is a board certified adult psychiatrist and she is a board eligible child and adolescent psychiatrist.

In addition to her work with the David Lawrence Center, Dr. Spielman runs a private practice in Naples serving children, adolescents and adults.

David Lawrence Center Chief Executive officer, David Schimmel states, “The addition of Dr. De Lima and Dr. Spielman and the talent and experience they bring to our medical team, will help position the Center to reach its goal of meeting the psychiatric needs of children in Collier County. Through their expertise and the growth of our medical team, the Center is poised to provide additional psychiatric services, expand our outreach efforts to local not-for-profit community partners and develop additional programming for children in need.”

David Lawrence Center is a not-for-profit, community mental health center that provides affordable mental health and substance abuse services in Southwest Florida. In addition to helping children with behavioral, emotional and substance abuse challenges, the Center provides counseling and rehabilitative services to adults in crisis and individuals with persistent mental illness. David Lawrence Center has eight locations in Collier County and touches the lives of nearly 16,000 people each year. It is David Lawrence Center’s mission to restore and rebuild the lives of all of those in need. More information about David Lawrence Center can be found online at davidlawrencecenter.org.

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